

# PEAKE YOUTH

## Middle School Camping Trip 2023: Packing List

- Reusable water bottle\* (labeled with teen's name) (\*No cups provided)
- Sleeping bag (or twin-sized sheets and a blanket)
- Pillow
- Towel
- Washcloth
- Toiletries (shampoo, soap, toothbrush, toothpaste, deodorant, hair brush, hand sanitizer, etc)
- Bible (if you don't have one, please let us know beforehand: [peakeyouth@chesapeakechurch.org](mailto:peakeyouth@chesapeakechurch.org))
- Journal & Pen (optional to take notes during the teachings)
- Sneakers and/or hiking boots for outdoor activities (muddy, uneven terrain)
- Coat
- Warm, modest clothing for both daytime and evening activities inside and outdoors (2 days/2 nights)
- Pajamas
- Flashlight or headlamp
- Phone charger (Phones are allowed but not encouraged. Please leave them in your sleeping areas unless taking photos)
- Snacks & drinks (Optional to bring your own: all meals and some snacks will be provided. \*Only pre-packaged, store-bought snacks/drinks are allowed at camp)
- Medical Prescriptions (labeled with child's name and turned in to leaders at check-in) NOTE: we will have basic first aid items on hand.

**NOTE: We will be staying in heated dorms divided by age and gender, sleeping on bunk beds; bathrooms and showers are available in each room.**